

# POPE FRANCIS I WANT YOU TO BE HAPPY

A HUNDREDFOLD IN THIS LIFE

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*I Want You to be Happy* is Pope Francis's manifesto for authentic self-fulfillment in these difficult times, and intertwines - in a concrete path and ahead of the Jubilee Year he proclaimed for 2025 - Pope Francis' own words with those of the books and films he most loved, from Borges to Dante, from Dostoevsky to St Augustine, from Fellini to Tolkien.

**"I ask you to be revolutionary: you have to have the courage to be happy".**

From the content:

Happiness cannot be bought, the idea it could be is - in the best case - an euphoric illusion.

Happiness cannot be sold, those who offer it are impostors.

Happiness has to be accepted, because it is a gift that has been given to us. Happiness is not to be possessed, because if it is not shared it is destined to wither. Happiness is given as a gift, because this is the only way to experience it. Happiness can stumble, but it cannot be taken away.

Happiness is freedom.

Happiness is community.

Happiness makes beautiful.

Happiness is rewarding and enriching.

Happiness is not just living along. Happiness is having dreams of true magnificence.

The pursuit of happiness is common to all of us, at all ages, all over the world. Far from the too many ephemeral 'cheap', 'conditional', 'disposable' offers, that inevitably leave us even emptier and more disappointed, this pursuit of happiness is a desire for wholeness that God has placed in our restless hearts, and it is the only one that is really able to respond to our most authentic and deepest essence.

"God wants the best for you: he wants you to be happy".

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*I Want you to be Happy* is Pope Francis' manifesto for the happiness of every man and woman. In these pages the Pontiff's words - and also those of the books and films he loved most - trace a concrete, and never solitary, path to true joy, which does not disregard the difficulties of existence but faces them, sublimates them, overcomes them, for an authentic fulfilment.

Because happiness is already now: a hundredfold in this life. And then forever.

With Pope Francis' most beloved quotes by Borges, Dante Alighieri, Hölderlin, Benson, St Augustine, Bernárdez, Novalis, St Francis of Assisi, Pasternak, Dostoevsky, St Ignatius of Loyola, Manzoni, Chesterton, Virgil, Fellini, Tolkien and many others.

**POPE FRANCIS** (Jorge Mario Bergoglio), born in Buenos Aires on 17 December 1936, has been Bishop of Rome and the 266th Pope of the Catholic Church since March 2013. In 2015 he marked a turning point in the pontificate by proclaiming the 'Holy Year of Mercy'. For 2025 he has proclaimed a new jubilee year with the motto 'Pilgrims of Hope'. For Libreria Pienogiorno, in collaboration with Libreria Editrice Vaticana, he previously published the international bestsellers *Ti auguro il sorriso* (2020) and *Buona vita* (2021), which were his best sold books in the past 6 years in Italy. Translation rights were sold to Fortuna, Slovak Republic - Hodder & Stoughton, UK - Kösel Verlag (PenguinRandomhouse Germany) - Michel Lafon, France - Plaza y Janes (PenguinRandomhouse Spain) - Porto Editora, Portugal - Verbum, Croatia - Vysehrad (Albatros Group) Czech Republic - Worthy Publishing, USA Farol (PenguinRandomhouse Portugal) - Herder Verlag, Germany - Philippe Rey, France